613 Powerful emotional ties bind a Nayar to his ancestral
[342] land and to his house, which is large and beautifully constructed of whitewashed laterite, carved wooden pillars and a tiled roof. The lineage-names of retainer-Nayars are the names of original ancestral sites in the village, e.g., Kirakkutt Velappil ("Eastern Garden"). Desavari lineages take the name of their desam, chiefly lineages of their nad, and royal lineages of their kingdom. The knowledge that their matrilineal forbears once jointly owned a house and land holds lineage-members together.

[361] Except in unusual circumstances (i.e., if it is dying out) a lineage comprises several households, traditionally congregated in separate gardens some distance apart on a stretch of dry land
613 in the village. Today with the vast increase in
596 population during British rule, a lineage may comprise up to 20 or more households; traditionally, it seems usually to have contained about four to ten. Each of these households comprised a segment of the lineage, [41] usually, a group of siblings together with the children and daughters' children of the sisters. The household was also the unit whose members jointly owned ancestral garden land, kanam rice lands and movable property: I call it a property-group. The lineage as a whole (unless it were dying out and comprised only one property-group) owned no property in common and its members had no economic cooperation as a group.

613 The lineage was exogamous, and matrilineal kinship terms were extended throughout its

421 was headed by its oldest male member (karanavan) who was the legal guardian of all members and represented them in the local subcaste assembly. When spoken of in its own right the property-group, like the lineage, was called a taravad; when spoken of as a segment of the lineage it was called a tavari (lit. - "mother's line"). Tavari could also be used of any intermediate segment of the lineage or of a minimal segment of one [54] mother and her children within the property-group had a separate garden name in addition to its lineage-name: each individual was called by his taravad-name, property-group name, personal name and caste-title (e.g., Kolangatt Thekkedil Govindan Nayar - "In the place of the bathing pool, the southern side, Govindan Nayar.")

421 592 Usually, a property-group owned only one house and was simultaneously a dwelling group. In wealthier desavari and naduvari lineages, however, a group which increased in size might build two or more adjacent houses. In some cases a minimal segment descended from one sister occupied each of these houses, and cooking was separate. Much more commonly, the two adjacent houses would be used indiscriminately by all members, cooking being carried on in only one.

592 342 A traditional house of the retainer or desavari subcastes comprises a central large building with two storeys, separate staircases for men and women, and in the centre of it a separate courtyard open to the sky. The house faces east and is fronted by a spacious verandah used

592 (except for cleaning) only by men of the group
342 and their male visitors. Within, a passage leads to the central courtyard, round which
[352] rooms open off on two or three sides. These include the ancestor-shrine of the group, several store-rooms for clothing, vessels and paddy (stored in carved wooden chests), one or more bed- and [55] sitting-rooms each containing a bedroll, bench, wooden stools and a rope to hang clothes; and a small room used by women during their delivery and menstrual seclusions. Beyond the courtyard to the west is a long narrow dining hall with a large kitchen behind it, and behind this the back verandah occupied only by servants, women and children. Upstairs may be four or five empty bedrooms in which women receive their visiting husbands. Men born into the group seldom enter the upstairs' rooms and may not use the women's staircase.

[427] Outside in the courtyard a separate building
[987] may be devoted to storing paddy paid as rents
[343] by the group's tenants. The upstairs of the building is often set aside for the karanavan's[1] use; here he sleeps, is served with food by women of the house, entertains his friends and keeps records of the group's economic transactions. If the group is large, a second separate building is often reserved for junior men to sleep, read and entertain friends when they are
593 not visiting their wives. In village headmen's
342 and chiefly property-groups whose women often have Nambudiri husbands, a separate building with its own kitchen, granary and Brahman

[1] [Eldest man of the property-group - Analyst]

servants is set aside at the expense of the tarawad to entertain these men when they visit their wives, sometimes for two or three days at a time.

The buildings and courtyard are surrounded by a shady garden of coconut, jackfruit, cashew nut and mango trees. Chiefs and village headmen have a private bathing pool with stone steps running round it in their own garden; retainer [56] Nayars more often bathe in the large public bathing pools attached to the temples and reserved for "clean" castes of the village. Men and women bathe and swim daily in public clad in a loin-cloth, on opposite sides of the pool. Both boys and girls become excellent swimmers and divers almost as soon as they can walk.

In the southeast corner of the garden is an open space set aside as the group's cremation ground, while at another corner is a dense shrubbery devoted to the snake-gods of the group, in which small stone images of cobras are set up.

The property-group was traditionally a corporate group in other sense than those in which this term applied to the lineage. Whereas the lineage was held responsible in cases of offence against religious law (sins, or crimes against the village community), the property-group was responsible in cases of debt or theft (torts). The headman, on behalf of the group, must make restitution for such offences from the group's jointly owned funds. In addition, as representative of the group in the assembly, he must pay annual dues to the temple funds. Through its headman, the group also acted as a single legal personality in the payment of wages to its

2:Gough E-4, 5 (1947-1949)1961 A Wll Kerala A Wll
Central Kerala Nayar

exponents. Marriages at all levels between the religious and secular hierarchies pointed up this interdependence.

Among the Nayars hypergamy must also have cemented lord-vassal relationships. Older Nayars still take pride in the fact that their lineages have for centuries been fathered by chiefs, royals, and Brahmans. Traditionally, it was for the sake of this generalized filial bond that they were prepared to die in battle and, paradoxically, to deny themselves paternal rights in their own children.

Matrilineal Units of the Nayar Retainer Castes

THE CLAN

The clan was the largest matrilineal unit to which a Nayar commoner belonged. Its members believed themselves descended from a common ancestress, but her name was not normally remembered and the exact genealogical relationships between a clan's subordinate segments were often unknown. Occasionally, all of a clan's known members lived within a single Nayar neighborhood (*tara*). In this case the clan was co-terminous with the next lower order of matrilineal unit, which I call the lineage. More commonly, the clan had a nucleus of members within the neighborhood from which it originally sprang, together with outlying segments whose forebears had moved to other neighborhoods of the chiefdom. Clan affiliations among Nayar retainers do not seem to have extended beyond the chiefdom.

The clan was called a *taravād*, the word also used for the lineage and the matrilineal household unit. "Taravād" is derived from "tara," meaning "mound,"[6] in this case the raised foundation on which a Nayar house was built. Its members derived a sense of unity from the belief that their matrilineal forebears sprang from the same ancestral house, and if the site of this house still existed they retained a sentimental attachment to it. The word "taravād" (befitting for a settled agricultural people) was in fact equivalent to the English "house" in its sense both of ancestry and of place. The clan was usually called by the name of its original ancestral house site.

The clan was exogamous and sex relations within it were forbidden. Those of its members who lived near and met often used kinship terms to address each other. If a death or birth occurred, clan members had to be informed by messenger. Upon receipt of the informa-

[6] Any kind of raised foundation of earth or laterite is called a tara. Tara (meaning "neighborhood") is derived from the large platform of earth round a sacred "milk-exuding tree (*alstonia scholaris*) located near the Nayar neighborhood temple of Bhagavadi. The neighborhood assembly congregated on this mound.

2:Gough E-4, 5 (1947-1949)1961 A W11 Kerala A W11
Central Kerala Nayar

mal segment of one mother and her children within the property group. Each property group usually had a separate garden name in addition to its lineage name.

Residence Among retainer Nayars of this area a property group usually owned only one homestead and was simultaneously a dwelling group. Occasionally among retainers, however, and more commonly among chiefs and village headmen, a property group which increased in size might build two or more homesteads on its lands. If the houses were adjacent they were usually occupied indiscriminately by members and cooking was done only in one. If the homesteads were some distance apart each might be occupied by a minimal segment of the group. The kāranavan would manage the resources of the whole group but would allocate provisions separately to each household. Separate cooking would be carried on.

Spouses lived separately in their natal units, with the husband visiting the wife. We shall call this type of residence *duolocal*.

A traditional homestead of retainer or village headman's rank centered about a large main building with two stories, separate staircases for men and women, and, in the middle of the building, a small courtyard open to the sky. The house faced east, and was fronted by a spacious veranda, used normally by men of the group and their male visitors. Within, a passage led to the central courtyard, round which rooms opened off on three sides. They included an ancestor shrine; several storerooms containing clothing in boxes, metal vessels, jewelry, weapons, and paddy (unhusked rice) in large wooden chests; one or more rooms for everyday use, each with sleeping mats, a bench, wooden stools and chests, and a rope to hang clothes; and a small room occupied by women during their delivery and menstrual seclusions. A roofed cloister with pillars ran between the open courtyard and the rooms. Beyond the courtyard to the west was a long, narrow dining hall with a large kitchen behind it. Behind this lay the back veranda, normally used only by women and children. Upstairs might be four or five bedrooms in which women received their husbands. Men born into the group seldom entered these upstairs rooms and were forbidden to use the women's staircase.

Outside the house in the outer courtyard a separate building served as a granary for paddy. The upstairs of this building was often set aside for the kāranavan's use. Here he slept, was served with food by women of the house, entertained co-villagers, and kept records of the group's economic transactions. If the group was large a second separate building was often reserved to junior men for reading, en-

2:Gough E-4, 5 (1947-1949)1961 A Wll Kerala A Wll
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tertaining friends, or sleeping when they were not visiting their wives. A cowshed a few yards from the residential buildings completed the arrangements in a normal retainer homestead. In village headmen's and chiefly households whose women often had Brahman husbands a separate building with its own kitchen was set aside to entertain the men when they visited their wives.

The buildings and outer courtyard were surrounded by a shady garden of coconut, jack, cashew, and mango trees. Chiefs and village headmen had a private bathing pool with stone steps round it in their own gardens. Retainers more often bathed in the large public bathing pools attached to the temples and reserved for "clean" castes of the village. Men and women bathed and swam daily on opposite sides of the pool.

In the southwest corner of the garden an open space was set aside as the property group's cremation ground, entered only at funerals. In another corner was a dense shrubbery devoted to the snake gods of the group. Offerings were made there to small stone images of cobras, and if real cobras appeared they were regarded as manifestations of these deities.

A high bamboo fence surrounded the whole establishment. It was entered through a wooden gatehouse within which armed men might sit on guard in time of war.

Economic Activities The property group obtained almost all of its subsistence from garden and paddy lands held on tenure from the village landlord and cultivated by Tiyyar sub-tenants or by Pulaya serfs. The property group surrendered part of its produce in kind as dues to the landlord. It retained part for maintenance, stored part for repayment to its serfs as daily subsistence, and gave portions twice annually to the village servant households. Tiyyar tenants retained enough for their own needs, but gave the bulk of their produce to their Nayar masters. Increasingly during the period of European trade the property group also sold spices and coconuts to Muslim middlemen in exchange for cash or cloth. The cash was used to buy brass and silver vessels, gold ornaments and jewelry, and other luxury goods from the towns. The property group gave some cloth to its serfs and tenants at festivals once a year.

The kāranavan managed all these transactions and controlled the group's estate. He might allocate specific tasks of management to juniors, but no payment was made on behalf of the group, no crops were sold, and no goods were consumed without his consent. Junior men serving in the king's wars received small daily cash sums on an

3:Gough E-4, 5 (1947-1949)1961 AW11 Kerala AW11
North Kerala Nayar

their land, there has been a tendency—under the new law of division of taravād property—for women and immature children to retain the ancestral houses and much of the land and for men to take their individual shares of the property in cash. Thus, having left their taravāds with their shares, some men now find themselves living in a house owned by the wife and her young children. Other men pool their share of property with that of the wife and jointly buy a new garden and house. When the location of their work permits it, most men remain in their ancestral homes until middle age and visit their wives in the traditional manner.

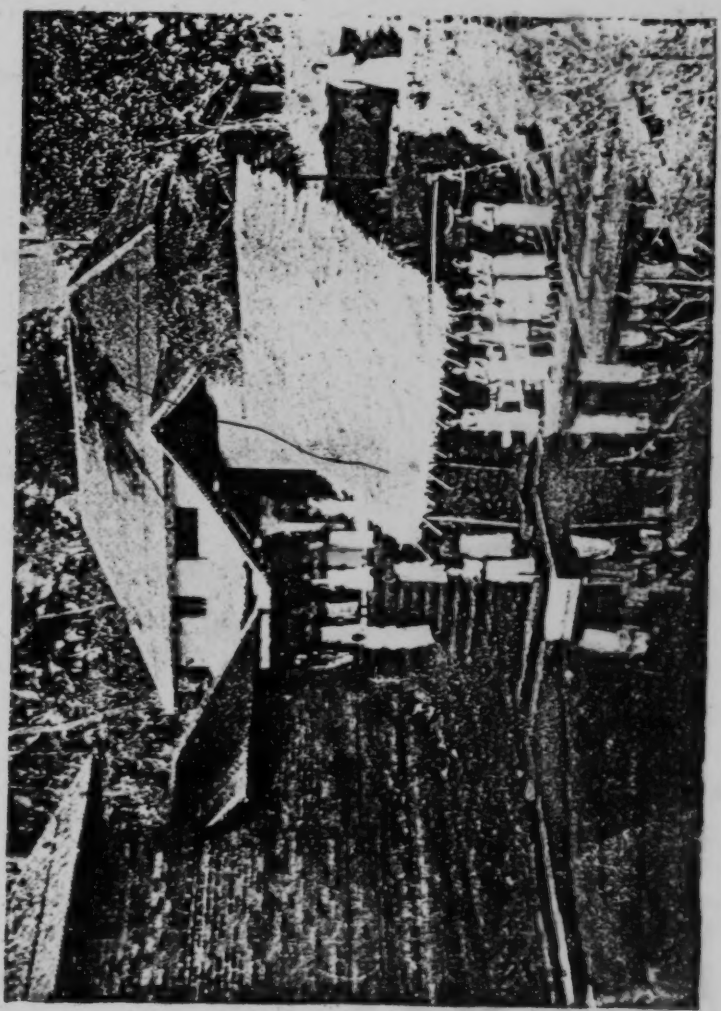
Modern residential patterns in Central Kerala, although moving in the direction of autonomy for the elementary family, thus show a different bias from that seen in North Kerala. Our contrast is made with data from a Cochin village three miles from a large town, where 75 per cent of Nayars of retainer castes worked for wages in the town. Here, out of 65 high-caste Nayar houses, 40 (61 per cent) had been built by kāranavans for their taravāds in the traditional manner; only 22 per cent had been built by a man for his wife and children, and 11 per cent had been built or bought jointly by husband and wife; 3 per cent had been built by a man for his private use, and 3 per cent by a woman for herself and her children.

Taking the constitution of households, we find that 46 per cent contained matrilineage segments more or less of the traditional type, except that one or more husbands of the women might live regularly in the house. Seventeen per cent contained a "broken" matrilineage segment, the adult men of which had left their natal kinswomen, taken a share of the property in cash, and gone to live with their wives. In these houses the husbands of the remaining women might or might not be living with their wives. Twenty-nine per cent of the households were simple elementary families; 3 per cent contained only one man; 3 per cent contained an extended family composed of some modern mixture of matrilineal and patrilateral kin; and one house contained a widow with her small children.

Taking the residence of married couples by household, we find that out of 100 couples, 58 lived duolocally, the husband dividing his time between his natal home and that of his wife in the traditional manner. In some cases the wife might occasionally move for a few weeks to live in the husband's natal home if circumstances made this particularly desirable. Such an arrangement was however very modern in Central Kerala; it was much disliked by women and was seldom resorted to. Eighteen of the couples lived matrilocally; the couple

6:Fawcett G-5 (ca. 1900)1915
AWll Kerala AWll
Nayar

PL. XIV.



A NAYAR HOME, PANUR, N. MALABAR. THE BATHING TANK AND BATHING SHED IN THE FOREGROUND.

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515
312

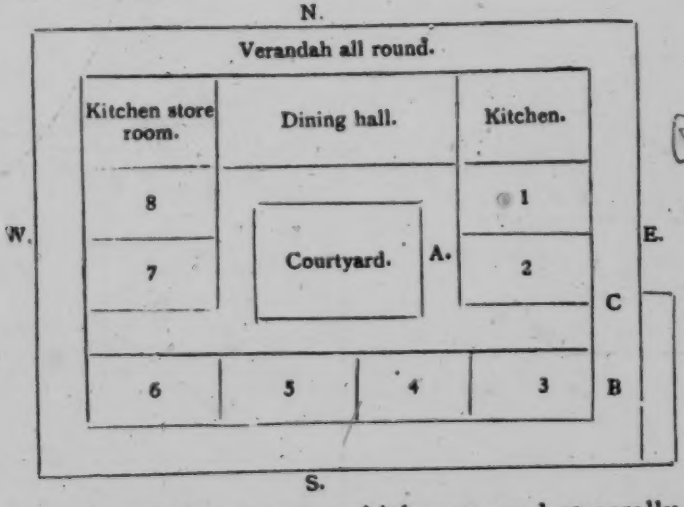
[Facing p. 262]

6:Fawcett G-5 (ca. 1900)1915
AWll Kerala AWll
Nayar

564
for him by the Tîyan at Uchâl. I recollect a case of 262
murder which arose out of nothing more or less than a 466
Tîyan tenant's refusal to present his Nâyar landlord with 241
a Pâla Ata at Uchâl. I once tried to preserve one of these cakes, but the results were too disastrous for description.*

HABITATIONS.

A house may face east or west; never north or south. 342
As a rule the Nâyar's house faces the east. Every [351]
garden is enclosed by a bank, a hedge, or a fencing of some kind, and entrance is to be made at one point only, the east, where there is a gate-house, or, as in the case of of the poorest houses a small portico, or open doorway roofed over. One never walks straight through this; there is always a kind of stile to surmount. It is the same everywhere in Malabar, and not only amongst the Nâyars. The following is a plan of a nâlupura or four- 342
sided house, which may be taken as representative of the 556
houses of the rich:



[778]

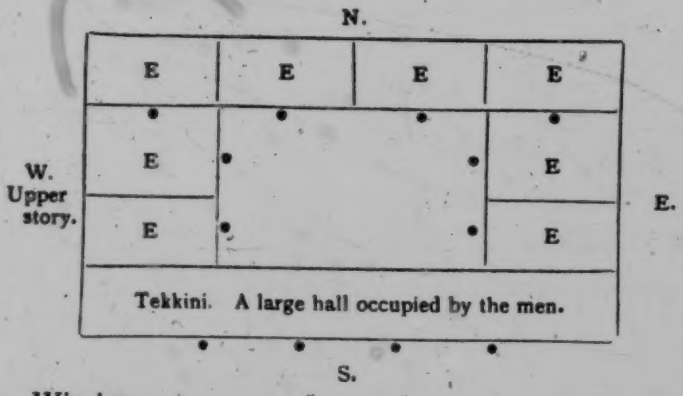
Numbers 6 and 7 are rooms which are used generally for storing grain.

At A is a staircase leading to the room of the upper story occupied by the female members of the family. At B is a staircase to the rooms of the upper story

*For much of the information regarding Uchâl I am indebted to Mr. M. Raman Menon. [115]

342
55 occupied by the male members. There is no connection between the portions allotted to the men and that of the [769] women. No. 8 is for the family gods. The Kârnavans [778] and old women of the family are perpetuated in images of gold or silver, or, more commonly, brass. Poor people, [735] who cannot afford to make these images, substitute simply a stone. Offerings are made to these images (or [782] to the stones) at every full moon. The throat of a fowl will be cut outside, and the bird is then taken inside and offered.

The entrance is at C.



Windows at
E. Rooms occupied by women and children.

It may be noticed that the apartment, where the men sleep, has no windows on the side of the house which is occupied by the women. The latter are relatively free from control by the men as to who may visit them. We saw, when speaking of funeral ceremonies, that a house was supposed to have a central courtyard; and of course it has this only when there are four sides to the house. The nâlupura, or four-sided house, is the proper one for in this alone can all ceremonial be observed in orthodox fashion. But it is not the ordinary Nâyar's house that one sees all over Malabar. The ordinary house is, roughly, of the shape here indicated. Invariably there is an upper story. There are no doors but only a few tiny windows opening to the west. Men sleep in one end, women in the other, each having their own staircase. Around the house there is always shade from many trees and palms. Every house is in its own seclusion.

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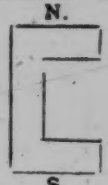

[351]

9:Iyer E-4, 5 (ca. 1902-1906) 1912
AWll Kerala AWll
Nayar

fact contained all the rudiments of the State. There was the head-man with his assistants whose duties have been already mentioned. There were also the hereditary village servants (*cheria jenmakkárs*), the village Panchayets or *kúttams*, and the *Kavalai* system of police, and the village watchmen (*kávalkkárs*) with their grain fees, and sacred institutions, with their usual privileges. And finally there were independent Nayar chieftains with their private properties and usual sources of income and taxation.

The village life is simple, delightful, and charming, but it is gradually passing away under the influence of western civilization. It is therefore of some ethnographical interest to preserve an account of it at its period of transition.

The village education may first be taken for treatment. The old village school or pial school masters were called *Ezhuttachans* or *Asáns*, some of whom were maintained by the leading families on small monthly allowances and meals, while others owned schools and lived upon the income derived from the pupils thereof. The education of youths commenced at a very early period, for which an auspicious day, nay, an auspicious hour, generally the *Vijaya Desami* or *Vidyárambham* (beginning of the alphabet) day, the last day of *Desara* in the month of *Kanni* or *Thulám* (September-November) was chosen, when the local *Asán* or any fairly educated man was invited to give the boy his first lesson. In a conspicuous part of the building a bell-metal vessel was placed. On this was spread a thin layer of rice, and on each side of the vessel was placed a bag of rice and paddy, while a lighted lamp was also placed beside it. In front of these sat the infant scholar three or five years of age. The *Asán* or the teacher wrote on the boy's tongue with a gold coin (fanam) the divine invocation *Hari Sree Gana Pata Ye Namah* (Salutation be to Vishnu, Saraswati and Ganapati). The initiation was completed by the teacher holding the boy's ring finger and tracing the letters of the alphabet in the rice in the vessel. The ceremony would then come to an end with a feast to the inmates of the house as well as to friends and relations. After this, he was placed under a teacher who taught him along with others to write the letters of the alphabet on sand. This would go on for a month or two until the

9:Iyer E-4, 5 (ca. 1902-1906)1912
AWll Kerala AWll
Nayar

464 564 [212] The Nayars are the second in the list of the castes as regards learning, and only five per cent. of the population belong to the learned professions, but they are found in all departments of public service. The community is now availing itself largely of the benefits of modern education, and the members are fast becoming conspicuous in every walk of life. In every department of the State, in all the learned professions, they form a respectable majority, and the only people who successfully compete with them are the Brahman immigrants from the other coast. Though there are extensive landholders and substantial farmers among them, a very large majority of the caste-men are really very poor, being either petty farmers, agricultural labourers or day labourers, earning wages at the rate of four to five annas a day. [357] Even women of the poorer classes do agricultural work. Domestic servants in Hindu families are almost wholly Nayars, but none of them are artisans, weavers or potters.

264 [515] [771] **Food.** The Nayars seldom eat before their bath or before worshipping in the temple close at hand. Their meals are generally three in number, namely, breakfast which is taken early in the morning, a midday meal between eleven and twelve, and another between seven and eight in the evening, but this meal is generally taken by children between five and six. 262 264 The breakfast usually consists of *kanji* or rice gruel with some pickles and *pappadam* (round wafers made of the meal of the kidney-bean). [272] Coffee is becoming popular among the Nayars, and this beverage is now often taken for breakfast in well-to-do families. [556] They do not recognize any danger in the use of it, and individuals of all ages indulge in it, so much so that it is even given to young infants. The midday meal, which is usually served between eleven and twelve o'clock, consists of boiled rice together with a few vegetable curries; and butter-milk mixed with rice is the last course.

Their supper which usually consists of similar preparation [562] is taken between seven and eight at night. The women take their food after the male members of the family. Only a minority of Nayars are strict vegetarians, though there is no prohibition against their eating meat, fish or fowl.

252 556 [357] In large aristocratic families, Brahman cooks are engaged to prepare the meals, but the serving is in some cases done by the members. In other families, on the contrary, the cooks of

seems to have been reserved specially for them. It would be well worth the study of persons acquainted with other districts of the Presidency to ascertain whether somewhat similar functions to these (protection and supervision) did not originally appertain to the Kāvalgars of Tamil districts and the Kāpus in the Telugu country, for both of these words seem to have come from the same root as the Malayālam kānam. And it is significant that the Tamil word now used for proprietorship in the soil is kāni-yātchi, to which word the late Mr. F. W. Ellis in his paper on Mirasi Rights assigned a similar derivation." 631

The occupation of the Nāyars is described by Mr. N. Subramani Aiyar as "comprising all kinds of worldly pursuits. So late as the end of the eighteenth century, there were with the then Mahārāja of Travancore a hundred thousand soldiers, consisting of Nāyars and Chovas, armed with arrows, spears, swords and battle-axes. The chief occupation of the Nāyars is agriculture. Cultivation of a slipshod, time-honoured type is the forte of the Nāyar, for which he has always found time from times of old, though engaged in other occupations as well. In the Velakali, a kind of mock fight, which is one of the items of the utasom programme in every important temple in Malabar, the dress worn by the Nāyars is supposed to be their ancient military costume. Even now, among the Nāyars who form the Mahārāja's own Brigade, agriculture, to which they are enabled to attend during all their off-duty days, goes largely to supplement their monthly pay. Various other occupations, all equally necessary for society, have been, according to the Kēralavalçasakrama, assigned to the Nāyars, and would seem to have determined their original sub-divisions. They are domestic servants in Brāhman 463 [701] [241] [526] [292] [241] [357]

463
[357] and Kshatriya houses and temples, and deal in dairy produce, as well as being engaged in copper-sheet roofing, tile-making, pottery, palanquin-bearing, and so [178] on. But these traditional occupations are fast ceasing 872 under the ferment of a new civilisation. In the matter of education, the Nāyars occupy a prominent position. Almost every Nāyar girl is sent to the village school to learn the three R's, quite as much as a matter of [212] course as the schooling of boys. This constitutes a feature of Malabar life that makes it the most literate country in all India, especially in respect of the female 875 sex. After Rāmanujam Ezhuttachchan developed and enriched the Malayālam language, numerous Asans or village teachers came into existence in different parts of 873 Malabar. After a preliminary study of Malayālam, such as desired higher, *i.e.*, Sanskrit education, got discipled to an Ambalavāsi or a Sastri. Even to-day the estimable desire to study Sanskrit is seen in some Nāyar youths, who have readily availed themselves of the benefit of the local Sanskrit college. In respect of English education, the Nāyars occupy a prominent [658] position. The facility afforded by the Government of Travancore for the study of English is being largely availed of by Nāyars, and it is a matter deserving to be prominently recorded that, in recent years, several Nāyar girls have passed the Matriculation examination of the University of Madras."

212 It is noted, in the Gazetteer of Malabar, that "the 181 Nāyars as a class are the best educated and the most advanced of the communities in Malabar (excepting perhaps the Pattar Brāhmans, who are not strictly a Malayālam class), and are intellectually the equals of [464] the Brāhmans of the East Coast. Many of them have risen to the highest posts in Government, and the caste